



Complete Application Packet Includes:

I) Online Application

- Submission of Online Form (Student Information, Parent Information, Personal and Professional Goals, Essay Response, and LULAC Council Information), which can be accessed at: [WYLS Online Application](#)

II) Supplemental Forms (must be emailed or faxed)

- Parent Consent Form
- Medical Consent and Health History
- Program Policies and Procedures
- High School Transcript (official & unofficial accepted)
- Travel Arrangements Form (only students accepted)

DEADLINE: SEPTEMBER 4, 2009 (6:00PM EST)

Send completed application to:
LULAC, Attn: Elizabeth Garcia
2000 L Street, NW, Suite 610, Washington, DC 20036
Phone: (202) 835-9646 - **FAX** (202) 835-9685
egarcia@lulac.org

*Applications will not be processed until ALL information has been received.
Late applications will not be considered.*

*Selected participants will be notified on September 8, 2009 before midnight via email.
Please be sure to provide a working email with this application.*





PROGRAM OVERVIEW

Description: The seminar offers a once in a lifetime chance for students to voice their opinions to national leaders who can make a difference. It challenges participating youth to focus on their own leadership development and continue to work when they return to their home communities. Participants are recommended by LULAC Councils to serve as representative of their home states. Once in Washington D.C., students work with LNESC staff and LULAC leaders from across the country to develop a platform on items of particular interest to Hispanic youth. After meeting with key players in the issue and discussions with think tank representatives, participants collaborate on a position piece, which is then sent to their congressional leaders. In past years, students have focused on issues as varied as gun control, education and immigration. This year the topic is Healthcare Reform.

Focus:

- Energy and Science Focus
- Developing Ethics
- Developing Self-Esteem
- Understanding the role of a leader
- Problem Solving
- Team Work
- Development of Leadership Skills
- Data Analysis
- Presentation Skills
- Leadership by Example

Schedule: Sessions and events scheduled to begin with morning wake-up call (8 am) and ending with lights out (10-11pm).

Days include the following events:

- Discussion and lecture sessions
- Cultural Trips/Tours
- Case Study
- Research and problem solving
- Recognition and presentation banquet

Sponsoring LULAC Councils: LULAC Councils wishing to sponsor a student to attend the Washington Youth Leadership Seminar must provide the student with one round trip airline ticket to Washington, D.C. and \$100.00 to cover incidental expenses. A LULAC Council may sponsor no more than one student to attend the Washington Youth Leadership Seminar and **may not** request that neither the student nor the student’s parents pay for the airfare or the \$100 spending money.

LNESC will provide the following:

- Housing accommodations during the WYLS;
- Group meals;
- Program materials;

LULAC will provide the following:

- Leadership training.

WYLS Participant Requirements:

- Must be an incoming High School Junior or Senior;
- Must be sponsored by a LULAC Council
- Must have high academic achievement and extra curricular involvement;
- Must have active involvement in leadership and community activities;
- **Must submit a copy of a current transcript.**
- Applicants must complete online application and submit via fax or email complete supplemental forms: Parent Consent Form, Medical Consent and Health History Form, Program Policies and Procedures, High School Transcript by **September 4, 2009 by 6:00pm (est).**
 - Students accepted must submit Travel Arrangements Form by September 22, 2009 with flight info.
 - Also, students must request permission from school for the days missed while in Washington, D.C.



Washington Youth Leadership Seminar
“Understanding Healthcare Reform and its
Impact on the Latino Community”
September 30, 2009- October 4, 2009



PARTICIPATING IN THE WASHINGTON YOUTH LEADERSHIP SEMINAR

Selection: Students and LULAC Councils will receive notification upon their acceptance into the program. Participants selected to attend the program will be notified by **September 8, 2009**, so airline tickets can be purchased. We strongly urge LULAC Councils to postpone making advance travel arrangements or ticket purchases until they have received notification from LULAC on the selection of the sponsoring LULAC Council's participant.

Travel: The sponsoring LULAC Council is responsible for providing the participant they send with a round trip airline ticket to Washington, D.C.

In making your travel arrangements keep in mind the following points:

- Use Washington's Ronald Reagan National Airport. Plan to arrive on Wednesday, September 30, 2009 between 8:00 am and 5:00 pm—**NO LATER**.
- **DO NOT** fly into Dulles National or Baltimore/Washington Airport. The cost to the taxi will be approximately \$60 each way. This cost will be at your own expense.
- Ground transportation to and from Reagan National Airport will be provided by LNESC.
- Upon arrival look for staff members with signs in Baggage Claim. If you miss each other, stay in the baggage area and wait there. Please do not wander off. It is important if you have a cell phone number that you provide it in your application so it may facilitate picking you up from airport.
- Plan to leave Washington on Sunday, October 4, 2009 between 9:00am and 2:00 pm.
- If you wish to stay in Washington longer, you will need to provide us with a letter from your parents giving you permission and stating the responsible party that will pick you up.
- Complete and return the travel and arrangements Form H on or before September 22, 2009. FAX and email submissions are acceptable.

Dress: You are expected to dress in a business-like fashion. **Do not over pack.** You will be walking a lot and will have your picture taken each day. With this in mind, we suggest the following:

- **Young Men:** In addition to casual attire for traveling days bring one or two suits or a sport jacket with two or three pairs of matching or coordinating slacks. Two or Three shirts, with matching ties. Sweater vests are suitable. Comfortable dress shoes to match. Remember we will be walking from Metro (subway) stations to appointments/meetings.
- **Young Women:** In addition to casual attire for traveling days bring three or four dresses and/or dress suits (either with skirts or slacks). Bring two outfits for the Thursday meetings and Friday evening banquet. It should be dressy, but not formal. Comfortable shoes with low or no heels for day activities. Remember we will be walking from Metro (subway) stations to appointments/meetings.

The temperature in Washington at this time of the year is approximately 50° to 70° F during the day and as low as 40° to 60° F at night. It is advisable for all to bring a sweater or light jacket. Check the internet at www.wjla.com.

Hotel: Hotel information will be provided upon acceptance to attend the Washington Youth Seminar.

Identification: To enter Government buildings (Capitol, Pentagon) you must have identification with your picture on it. The Pentagon requires a driver's license/ state issued ID and Social Security card. A tour is tentatively scheduled at this time; however, due to new security precautions the Pentagon can cancel it at the last minute.

Cameras: Most places you will visit will allow you to take pictures. If you bring a disposable camera, you should buy enough film at home since film prices in Washington can be expensive. Three rolls of film should be plenty.

Valuables: When traveling it is often advised to leave your valuables at home. Sometimes these items are forgotten or lost and can never be replaced. Be careful in deciding which items to bring.

Spending Money: The LULAC Council will provide each sponsored student with \$100 for spending money to cover some meals not provided by the seminar and for incidental expenses.

Washington Youth Leadership Seminar
“Understanding Healthcare Reform and its
Impact on the Latino Community”
September 30, 2009- October 4, 2009



What **TO** Bring:

- Camera
- Toiletry items (toothpaste, toothbrush, shampoo, deodorant, etc.)
- Hat
- Sunscreen
- Sunglasses
- Clothes that can get dirty
- Walking shoes
- Writing utensils
- At least one set of business professional attire

What **NOT** to Wear:

- Handheld gaming devices
- A-shirts
- Cut off shirts
- T-shirts with profanity, gang or drug slogans, or any inappropriate slogans
- Halter tops
- Tube tops
- Spaghetti strap tops
- Shorts/Skirts that are shorter than 4 inches above your knee

What **NOT** to Bring (will be provided):

- Towels
- Bedding (sheets/pillow cases)
- Wash cloths
- Pillow
- Blanket

→ Cell phones will be permitted. However, they must stay in silent at all times and use will only be allowed during specified times. If students use cell phones out of dorms during non-allocated times, they will be confiscated by program staff for the duration of the program.

→ Prescription Medication- Must be physician prescribed. Must include parental letter stating: time and frequency to be taken, food or drink needs (must be taken with food, 8 oz of liquid etc.) and **ALL** possible side effects.



Washington Youth Leadership Seminar
“Understanding Healthcare Reform and its
Impact on the Latino Community”

September 30, 2009- October 4, 2009

MEDICAL CONSENT AND HEALTH HISTORY FORM

A medical provider will need this form before treating a minor’s illness or injury. It should accompany the student when seeking medical treatment.

Name of Student: _____

Date of Birth: _____

Name of Parent or Legal Guardian: _____

Address: _____

Home Phone: _____ Business Phone: _____

Emergency Contact: _____ Phone: _____

If the student has any condition that may require special treatment it is imperative that a medical provider is alerted. Please indicate below any on-going medical or emotional problems that may require special attention (e.g., epilepsy, allergies, asthma, disability, anxiety, depression, etc.). Use reverse side if necessary.

Has the student had any major illness during the past year? _____ If so, please explain:

Date of last tetanus injection: _____ Are contacts or glasses worn? _____

Does the student take any prescribed or over-the-counter medications? _____ If so, what are they? _____

Allergies to medications, food, etc.: _____

Primary care physician’s name: _____

Address: _____ Phone: _____

PARENT OR GUARDIAN AND WITNESS READ AND SIGN: I hereby certify that to the best of my knowledge the above medical statement is accurate. I give my consent to medical personnel to provide whatever medical treatment they may deem necessary for the health and welfare of my son/daughter/ward. It is also understood that no major surgery will be performed on my son/daughter/ward without my further specific consent except in those cases of extreme urgency when the delay in obtaining consent may constitute a serious risk of life to my son/daughter/ward. I further realize that expenses for medical attention shall be my responsibility.

Parent/Guardian: _____ Date: _____

Witness: _____ Date: _____

Form A-4; g:\shc_data\admin\gendocs\medrecs\admin\parcons.doc— Eff. 5/92; Revised 3/98, 4/02, 4/03





Washington Youth Leadership Seminar
“Understanding Healthcare Reform and its
Impact on the Latino Community”
September 30, 2009- October 4, 2009

TRAVEL ARRANGEMENTS FORM

The sponsoring LULAC Council is responsible for providing the participant with a round trip airline ticket to Washington, D.C.

In making your travel arrangements keep in mind the following points:

- Use Reagan National Airport. Plan to arrive on Wednesday, September 30, 2009 between 8:00 am to 5:00pm.—**NO LATER.**
- DO NOT fly into Dulles National or Baltimore/Washington Airport. The cost to the taxi will be approximately \$60 each way. This cost will be at your own expense.
- Ground transportation to and from Reagan National Airport will be provided by LNE SC.
- Upon arrival look for staff members with signs in Baggage Claim. If you miss each other, stay in the baggage area and wait there. Please do not wander off. It is important if you have a cell phone number that you provide it in your application so it may facilitate picking you from airport.
- Plan to leave Washington on Sunday, October 4, 2009 between 9:00am and 2:00 pm.
- If you wish to stay in Washington D.C. longer, you will need to provide us with a letter from your parents giving you permission and stating the responsible party that will pick you up.
- Complete and return the Travel Arrangements Form and copy of official flight itinerary on or before September 22, 2009.
 - FAX & Email is ok.

IMPORTANT TRAVEL INFORMATION

STUDENT NAME: _____ CELL PHONE #: _____

Arrival between 8:00am – 5:00pm Wednesday, September 30, 2009

Departure Time: _____ Departure City: _____

Airline Carrier & Flight #: _____ Arrival time in Washington, D.C: _____

Departure before 2:00 pm, Sunday, October 4, 2009

Airline Carrier: _____

Departure time: _____ Departure City: Washington, D.C. (DCA) Flight #: _____

Submit form by September 22, 2009 to Elizabeth Garcia by fax at (202) 833-6135 email EGarcia@LULAC.org

